

60. I have been rescued from the domain of Satan's rule and transferred to the kingdom of Christ. (Colossians 1:13)
61. I have been redeemed and forgiven of all my sins. The debt against me has been cancelled. (Colossians 1:14)
62. I am blameless and free from accusation. (Colossians 1:22)
63. Christ Himself is in me. (Colossians 1:27)
64. I am firmly rooted in Christ and am now being built up in Him. (Colossians 2:7)
65. I have been made complete in Christ. (Colossians 2:10)
66. I have been spiritually circumcised. My old unregenerate nature has been removed. (Colossians 2:11)
67. I have been buried, raised, and made alive with Christ. (Colossians 2:12,13)
68. I died with Christ and I have been raised up with Christ. My life is now hidden with Christ in God. Christ is now my life. (Colossians 1:1-4)
69. I am an expression of the life of Christ because He is my life. (Colossians 3:4)
70. I am chosen of God, holy and dearly loved. (Colossians 3:12; 1 Thessalonians 1:4)
71. I am a son or daughter of light and not of darkness. (1 Thessalonians 5:5)
72. I have been given a spirit of power, love, and self-discipline. (2 Timothy 1:7)
73. I have been saved and set apart according to God's doing. (2 Timothy 1:9; Titus 3:5)
74. Because I am sanctified and am one with the Sanctifier, He is not ashamed to call me brother. (Hebrews 2:11)
75. I am a holy partaker of a heavenly calling. (Hebrews 3:1)
76. I have the right to come boldly before the throne of God to find mercy and grace in a time of need. (Hebrews 4:16)
77. I have been born again. (1 Peter 1:23)
78. I am one of God's living stones, being built up in Christ as a spiritual house. (1 Peter 2:5)
79. I am a member of a chosen race, a royal priesthood, a holy nation, a people for God's own possession. (1 Peter 2:9,10)
80. I am an alien and stranger to this world in which I temporarily live. (1 Peter 2:11)
81. I am an enemy of the devil. (1 Peter 2:11)
82. I have been given exceedingly great and precious promises by God by which I am a partaker of God's divine nature. (2 Peter 1:4)
83. I am forgiven on the account of Jesus' name. (1 John 2:12)
84. I am anointed by God. (1 John 2:27)
85. I am a child of God and I will resemble Christ when He returns. (1 John 3:1,2)
86. I am loved. (1 John 4:10)
87. I am like Christ. (1 John 4:10)
88. I have life. (1 John 5:12)
89. I am born of God, and the evil one...the devil...cannot touch me. (1 John 5:8)
90. I have been redeemed. (Revelation 5:9)

# WHO I AM IN CHRIST

90 TRUE STATEMENTS  
FROM SCRIPTURE



# MY NATURE IN CHRIST

1. I have been healed. (Isaiah 53:5)
2. I am the salt of the earth. (Matthew 5:13)
3. I am the light of the world. (Matthew 5:14)
4. I am commissioned to make disciples. (Matthew 28:19,20)
5. I am a child of God. (John 1:12)
6. I have eternal life. (John 10:27)
7. I have been given peace. (John 14:27)
8. I am part of the true vine, a channel of Christ's life. (John 15:1,5)
9. I am clean. (John 15:3)
10. I am Christ's friend. (John 15:15)
11. I am chosen and appointed by Christ to bear His fruit. (John 15:16)
12. I have been given glory. (John 17:22)
13. I have been justified...completely forgiven and made righteous. (Romans 5:1)
14. I died with Christ and died to the power of sin's rule over my life. (Romans 6:1-6)
15. I am a slave of righteousness. (Romans 6:18)
16. I am free from sin and enslaved to God. (Romans 6:22)
17. I am free forever from condemnation. (Romans 8:1)
18. I am a son or daughter of God; God is spiritually my Father. (Romans 8:14, 15, Galatians 3:26; 4:6)
19. I am a joint heir with Christ, sharing His inheritance with Him (Romans 8:17)
20. I am more than a conqueror through Christ, who loves me. (Romans 8:37)
21. I have faith. (Romans 12:3)
22. I have been sanctified and called to holiness. (1 Corinthians 1:2)
23. I have been given grace in Christ Jesus. (1 Corinthians 1:4)
24. I have been placed into Christ, by God's doing. (1 Corinthians 1:30)
25. I have received the Spirit of God into my life that I might know the things freely given to me by God. (1 Corinthians 2:12)
26. I have been given the mind of Christ. (1 Corinthians 2:16)
27. I am a temple...a dwelling place...of God. His Spirit and His life dwell in me. (1 Corinthians 3:16; 6:19)
28. I am united to the Lord and am one spirit with Him. (1 Corinthians 6:17)
29. I am bought with a price; I am not my own; I belong to God. (1 Corinthians 6:19,20; 7:23)
30. I am called. (1 Corinthians 7:17)
31. I am a member of Christ's Body. (1 Corinthians 12:27; Ephesians 5:30)
32. I am victorious through Jesus Christ. (1 Corinthians 15:57)
33. I have been established, anointed and sealed by God in Christ, and I have been given to the Holy Spirit as a pledge guaranteeing my inheritance to come. (2 Corinthians 1:21; Ephesians 1:13,14)
34. I am led by God in triumphal procession. (2 Corinthians 2:14)
35. I am to God the fragrance of Christ among those who are being saved and those who are perishing. (2 Corinthians 2:15)
36. I am being changed into the likeness of Christ. (2 Corinthians 3:18)
37. Since I have died, I no longer live for myself, but for Christ. (2 Corinthians 5:14,15)
38. I am a new creation. (2 Corinthians 5:17)
39. I am reconciled to God and am a minister of reconciliation. (2 Corinthians 5:18,19)
40. I have been made righteous. (2 Corinthians 5:21)
41. I am given strength in exchange for weakness. (2 Corinthians 12:10)
42. I have been crucified with Christ and it is no longer I who live, but Christ lives in me. The life I am now living is Christ's life. (Galatians 2:20)
43. I am a son or daughter of God and one in Christ. (Galatians 3:26, 28)
44. I am Abraham's seed...an heir of the promise. (Galatians 3:29)
45. I am an heir of God since I am a son or daughter of God. (Galatians 4:6,7)
46. I am a saint. (Ephesians 1:1; 1 Corinthians 1:2; Philippians 1:1; Colossians 1:2)
47. I have been blessed with every spiritual blessing. (Ephesians 1:3)
48. I was chosen in Christ before the foundation of the world to be holy and am without blame before Him. (Ephesians 1:4)
49. I was predestined...determined by God...to be adopted as God's son or daughter. (Ephesians 1:5)
50. I have been sealed with the Holy Spirit. (Ephesians 1:13)
51. I have been redeemed and forgiven, and I am a recipient of His lavish grace. I have been made alive together with Christ. (Ephesians 2:5)
52. I have been raised up and seated with Christ in heaven. (Ephesians 2:6)
53. I am God's workmanship...His handiwork...born anew in Christ to do His work. (Ephesians 2:10)
54. I have direct access to God through the Spirit. (Ephesians 2:18)
55. I am a fellow citizen with the rest of God's family. (Ephesians 2:19)
56. I may approach God with boldness, freedom, and confidence. (Ephesians 3:12)
57. I am righteous and holy. (Ephesians 2:24)
58. I am a citizen of heaven, seated in heaven right now. (Philippians 3:20, Ephesians 2:6)
59. I am capable. (Philippians 4:13)