

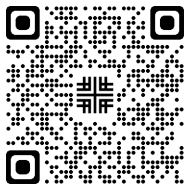
HOME CHURCH

GENERAL REFLECTION AND DISCUSSION:

1. As you reflect on Sunday's message, what principle or insight stands out as being particularly helpful, insightful, or difficult to grasp?
2. If the message had to be re-delivered, what two points or ideas would you encourage the speaker to include no matter what?
3. What's one thing from this message that you hope we talk about as a group?
4. Was there one thing that you most agreed or disagreed with from this message? What was it and why?
5. Read the scripture.
 - + Reflecting on these verses, what strikes you most? Why?
 - + What is most challenging in these verses? Encouraging? New?
 - + If these verses were applied to our culture today, how would it change?
6. When and where do you struggle the most with [whatever issue(s) this message raised]?
7. If you were to incorporate this truth into your own life, how would the next week be different?
8. Describe your life one year from now if you consistently applied this truth.

the freedom of sabbath WITH FELIX CHAN

One of the most important practices of Jesus was finding rest and making time for Sabbath. In a digital age with seemingly constant demands on our time and energy, imitating His example is more important than ever. Let's consider how we can practically live out the restfulness of Jesus.



CONNECT WITH US ANYTIME!

- Sign-up for our weekly e-newsletter
- Sign-up for a Home Church
- Prayer requests
- Get information, make comments, ask questions, share thoughts



listen/watch again
pilgrimchurch.ca/live



youtube.com/PilgrimChurchYVR



[pilgrimYVR](https://pilgrimYVR.com)



email: question@pilgrimchurch.ca or TEXT: 604-426-1230