

for reflection & discussion:

- 1. Read Psalm 1. What pictures does this text conjure up for you? What grabs your attention? If you could ask the author one question about what they've written, what would it be?
- 2. The actor of Psalm 1 urges us to avoid walking with the wicked, standing in the way of sinners, and sitting in the company of mockers. Are there aspects of your life where you allow yourself to drift into these spaces? What's a small step you could take this week to step off of this path?
- 3. When you think of the two paths illustrated in Psalm 1, which path more typifies your current journey?
- 4. The psalmist invites readers to delight in and meditate on God's law regularly. Is this a current practice in your life? If so, what does it look like and how has it shaped you? If not, what might it look like to take a step forward in this area?
- 5. Where have you seen God bring prosperity and fruitfulness in your life? Where would you like to see more of this?



Psalm 1

- ¹ Blessed is the one
- who does not walk in step with the wicked
- or stand in the way that sinners take
- or sit in the company of mockers, ² but whose delight is in the law of the Lord.
- and who meditates on his law day and night.
- ³ That person is like a tree planted by streams of water, which yields its fruit in season
- and whose leaf does not witherwhatever they do prospers.
- ⁴ Not so the wicked!
- They are like chaff
- that the wind blows away.
- ⁵ Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous.
- ⁶ For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.

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